

ASCO

Advisory & Support Centre Otago

October 1st 2007. Issue Number 6

Mission Statement

The Advisory and Support Centre Otago affirms the rights of Members to have access to a range of quality services to meet their physical, emotional and social needs, which in the provision of an integrated delivery will enhance their well-being, break barriers to opportunities and ensure a secure future.

MIHI

E nga mana, e nga reo, e nga matawaka tenei te mihi nui kia koutou katoa.

Ka mihi ki to tatau kai hanga mo ana manaaki tanga ia tatau.

Kia whakapai hi toona nei ingoa.

Ka mihi ano ki o tatau tini aitua puta noa I Aotearoa. Haere, haere moe mai I roto I Te Ariki.

Ka apiti hono tatai hono te hunga mate kia ratau.

Ka apiti hono tatai hono tat au te hunga ora kia tatau.

Tena koutou, tena koutou, tena koutou katoa.

Up-to-Date with Geoffrey White



The second jumble sale of the year has gone very well, it was held from the 3rd of September 2007. The jumble sale will be held in the second and the last week of each month.

The weather has been fine and may it continue to do so, welcome to October!!!

**Geoffrey White,
Member Representative,
Resource Support Assistant**

A.S.C.O. would like to thank the following agencies for their support: St Kilda Pub Trust for donating funds allowing us to upgrade our computers, and The Pub Charity Trust for supplying funds for new office equipment.



What's on - September 2007

Every day except Friday: Horticulture Activity Group: Every Morning (*except Friday*) at 10am-12pm/2pm-4pm. *If the weather is unsuitable then the back up programme will be implemented.*

Every day: Project Activity Group 10am-12pm/1-3pm.

There is a Centre Activity Group - for more details please see the kitchen supervisor.

Mondays: Computer's for Free, meet at ASCO 12:45pm

Tuesdays: Tapestry group, 11am at A ASCO

Tuesdays: Jewellery making, 10:30am at ASCO

Wednesdays: Talk at ASCO 1:30pm

Thursdays: Writing Group, ASCO 11am.

Fridays: Walking Group 11am.

Fridays: Music appreciation, ASCO 1:30pm.

Fridays: Growing flowers in a pot, ASCO 12:30pm.

Once a month the photography group goes on an outing.

An Anxiety/depression group meets fortnightly; please see a staff Member if you would like to be involved.

Water fun rex...

Read are we when out at stoll a herd of hungry tyrannosaurus rex share a valley high in altitude as the feeding young on baboons and wilder snanum for the dish to be played in water fun...fun starts with a gurgle and splash followed by a rhythmic slap and trickle. Needing the blood from veal to painstaking drawings on her eaved cliff caves to express her life in ochre and the dreedle is arted..

The arts from our world here in global view are a surprise to such rudiments but our valiant miss rex writes, paints and plays for her work is similar as own.

Written by Andrew Morrison

Tautuku Camp Journal by Geoffrey White



The weekend of 14-16 September 2007 at the Tautuku Bird and Forest Lodge went very well with 11 of us attending the camp in two vans.



Day 1: We depart ASCO after lunch with comfort stops at Milton and Owaka before having a BBQ at Papatowai Reserve before arriving at Tautuku later in the evening.



Day 2: At dawn we explore the grounds of the lodge before breakfast, we saw the main lodge, Francis Coutts cabin and an A frame with plenty of space in between. After breakfast we went for a walk to the Broadwalk Wetlands and back to camp for morning tea.

After morning tea we went for a drive to Tautuku to walk on the Broad Walk Estuary and back to camp for followed by the Lake Wilkie Walk and then back to camp for lunch.

After lunch we went for another drive to walk in the Shanks Bush to look at the Papatowai estuary, and then some of us went on a beach walk. We then went back to camp for tea.

After tea we went on the last trip of the day along the beach at Tautuku Bay.



Day 3: We all arose early and had some breakfast, we than set to cleaning the camp site. Shortly afterwards we all left for Kaka Point where we had fish and chips for lunch on the beach front. After this we all headed straight for Dunedin. The weather was pleasant the whole time we were away, unfortunately this was not so for Dunedin.



All photographs taken by Louise.

ASCO
22 Stafford St, PO Box 1079, Dunedin.
Phone: (03) 4790888
Email: asco@asco.org.nz
Website: www.asco.org.nz